Trade Name
Otrivin 0.1% (Moisturising formula) Adults Nasal Drops Solution
Otrivin 0.05% (Moisturizing formula) Children Nasal Drops Solution

Composition
Otrivin is a nasal decongestant that quickly clears blocked noses. The moisturising formula also contains soothing ingredients that help prevent dryness and irritation of the nasal passages.

Otrivin is available in two forms: Otrivin 0.1% for children over 6 years and adults, and Otrivin 0.05% (childrens formula) for infants and small children.

Otrivin 0.1% comes in one form: Nasal Drops (in a bottle with pipette). The content of the packs is 15 ml.

Otrivin 0.05% comes in one form: Nasal Drops (in a bottle with pipette). The content of the packs is 15 ml.

Otrivin 0.1% (moisturising formula) contains 1 mg/ml of xylometazoline hydrochloride as active ingredient. It also contains benzalkonium chloride, disodium edetate, sodium phosphate buffer, sodium chloride, sorbitol, methylhydroxypropylcellulose and purified water.

Otrivin 0.05 (moisturising formula) contains 0.5 mg/ml of xylometazoline hydrochloride as active ingredient. It also contains benzalkonium chloride, disodium edetate, sodium phosphate buffer, sodium chloride, sorbitol, methylhydroxypropylcellulose and purified water.

Properties / Effects
Local vasoconstrictor for nasal decongestion

Xylometazoline belongs to the group of the arylalkyl imidazolines.
Otrivin, which is intended for use in the nose, constricts the nasal blood vessels, thereby decongesting the mucosa of the nose and neighbouring regions of the pharynx.
The effect of Otrivin sets in within a few minutes and persists for several hours. Otrivin is well tolerated, also by patients with sensitive mucous membranes, and does not impair function of the ciliated epithelium.
Otrivin is unlikely to cause reactive hyperaemia.

Pharmacokinetics
Following local application, the plasma concentration of xylometazoline is so low that detection is not possible using currently available analytical methods.

Indications / Scope of Use
Colds of various types.
To aid drainage of secretions in affections of the paranasal sinuses.
In otitis media, as an adjuvant to decongest the nasopharyngeal mucosa.
To facilitate rhinoscopy.

Dosage / Use
Otrivin 0.05% Nasal Drops: For infants and children up to 6 years of age (with adult supervision). 1 or 2 drops of the solution into each nostril once or twice daily (every 8 to 10 hours) are generally sufficient; do not exceed a total of 3 applications daily into each nostril.

Otrivin 0.1% Nasal Drops: For adults and children over 6 years of age, 3 to 4 times daily: 2 or 3 drops of the solution into each nostril.

General Note
Once the pack has been opened, the contents should be used for 1 month only.

Restrictions on Use / Contra-indications
Like other vasoconstrictors, Otrivin should not be employed in status post transsphenoidal hypophysectomy (or after transnasal or transoral surgical interventions in which the dura mater has been exposed), nor should it be used by patients known to be hypersensitive to substances contained in it.

Precautions
Otrivin, like all other preparations belonging to the same class of active substances, should be used only with caution in patients showing a strong reaction to sympathomimetic agents, as evidenced by signs of insomnia, dizziness, etc.

As in the case of other local vasoconstrictors, Otrivin should not be employed uninterruptedly over prolonged periods, e.g. in chronic colds.

Check with your doctor or pharmacist before using Otrivin if:
- you have high blood pressure, heart disease, overactive thyroid, glaucoma or diabetes.
- you are taking an antidepressant medicine.

If any of the above apply, do not use Otrivin before talking to your doctor or pharmacist.

Do not use for more than 10 days to avoid congestion.

Not to be taken by mouth.

Pregnancy / Lactation
Pregnancy category C
In view of its vasoconstricting properties, women should take care not to use Otrivin during pregnancy.

During lactation, Otrivin should only be used under medical supervision.

Unwanted Effects
The following side effects have occasionally been encountered: a burning sensation in the nose and throat, local irritation, nausea, headache, and dryness of the nasal mucosa.

Interactions
No interactions have yet come to our notice.

Missed doses
If you miss a dose and you remember within one hour or so of the missed dose, use it right away. However if you do not remember until later, skip the missed dose and go back to your regular dosing schedule. Do not double doses.

Overdosage

No cases of overdosage in adults have yet been reported. In rare instances of accidental poisoning in children, the clinical picture has been marked chiefly by signs such as acceleration and irregularity of the pulse, elevated blood pressure, and sometimes clouding of consciousness. Symptomatic treatment under medical supervision is indicated.

Storage

Protect from heat (store below 30 degrees C).

Packs

Nasal drops (0.05%): 15 ml
Nasal drops (0.1%): 15ml

Medicines should be kept out of the reach of children.

The product should be used only up to the date indicated by "Exp" on the pack.

Company

Produced by:

NOVARTIS PHARMA S.A.E. - Cairo

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